



The Elevate program is an online, multi-faceted Leadership program for all Leaders who want to continue to grow and finesse their leadership skills, maximise their impact whilst addressing real world challenges.

Who is the program for?

Leaders of teams with a minimum of 2-years experience and who have cross-functional responsibilities.

Program Elements



360 Degree Feedback, Debrief & Action Planning



9 x 3hr Online Workshops



4 x Online Exec Coaching Sessions



3 x Online Group Networking Sessions With Guest Speakers



Comprehensive Materials, resources, readings & videos

The series of online modules targets many of the key competencies of effective leaders. Comprehensive and practical materials are included and recordings of each session are available to you for future reference.

You can complete the entire series or opt in to only those that are relevant to you.

EXTRA BONUS – If you complete the entire series you can also access 3 x 1:1 Virtual Coaching sessions that are included to help accelerate your learning and focus on your specific context and application on the job. You have the opportunity to discuss how to apply your learnings and sound board your approaches with a skilled Executive Coach.

Take some time out to refocus your efforts and ensure you continue to be the best leader that you can be!

Program Overview



Learning Outcomes Online Workshops



Module 1

FOUNDATIONS OF LEADERSHIP & HIGH PERFORMANCE TEAMS

- Introduction to a variety well tested leadership models and key competencies of effective leaders.
- Discuss the elements of high performance teams and how to build them.
- Assess your own teams strengths and opportunities for growth.

Module 3

DEVELOPING GREATER CONFIDENCE & LEADERSHIP PRESENCE

- Determine the kind of leader you want to be, what you stand for and why.
- Review common obstacles to confidence and how to navigate them effectively.
- Discuss ways to deepen your leadership presence and unlock more of your potential.

Module 5

COURAGEOUS CONVERSATIONS & NAVIGATING CONSTRUCTIVE CONFLICT

- Work more effectively with intrinsic motivators.
- Describe the key stages of conflict and how to intervene early.
- Examine the key elements of effective courageous conversations.
- Prepare for a courageous conversation.
- Learn techniques to self-regulate in high stakes conversations.

Module 2

EFFECTIVE INTERPERSONAL COMMUNICATION

- Determine your communication style preferences and how to flex when working with others.
- Enhance your interpersonal communication skills and your impact particularly with Executive Level Leaders.
- Facilitate more effective meetings and 'read the room'.

Module 4

INCREASING YOUR IMPACT & INFLUENCE

- Test your assumptions and reframe the importance of working with power and politics.
- Map your political terrain and conduct a thorough stakeholder analysis.
- Define and practice using 11 key influencing strategies to increase your impact and influence.

Module 6

OPTIMISING PERFORMANCE RESULTS

- Practice using the Conversational Intelligence Dashboard™ approaches and techniques for group discussions to enhance insights and transformational thinking and communication.
- Review how to set key performance indicators that are based on performance outcomes not activity.
- Discuss how to hold people accountable and provide different levels of feedback in different contexts.
- Determine different coaching approaches dependant on desired behaviours, outcomes or development/ growth in order to optimise and invest in talent.

Module 7

DEVELOPING INCLUSIVE TEAMS

- Discuss the key elements for diverse and inclusive teams.
- Identify characteristics of exclusion and address common biases and stereotypes.
- Define what are the traits, behaviours and competencies of inclusive leaders.
- Describe the four stages of psychological safety that teams can move through.
- in your own team to be an advocate for inclusion.

Module 8

BUILDING RESILIENCE FOR SELF AND OTHERS

- Discuss the characteristics of resilient people.
- Identify ways to develop resilience both reactively and proactively.
- Determine strategies to assist others develop their own resilience.
- Review popular productivity hacks to help you manage not just your time but your energy.

Module 9

NAVIGATING YOUR CAREER

- Discuss common career derailers and accelerators.
- Review your current professional network and strategies to better facilitate reciprocal connections.
- Determine your intrinsic and extrinsic motivators and non-negotiables for success.
- Reconnect with your career purpose, passions and interests.
- Identify other practical tips and strategies to navigate your career path more intentionally.



Nell has held leadership and learning and development roles for over 25 years in the corporate sector in a variety of Australian multinational organisations. As an Executive Coach, Leadership Development Specialist and Accredited Practitioner, Nell has worked with hundreds of Executives, Senior Leaders and teams across the private, public, not-for-profit and NGO sectors for over 15 years.

Her experience spans across a diverse range of industries and sectors including Banking, Finance/Investment, Health, Education, Government (Local/State and Federal), Police and Emergency Services, Australian Defence Forces, IT, Transportation, Mining & Resources, Telecommunications, Energy/Utilities, Legal, Media/Advertising/Marketing, Pharmaceutical, Manufacturing and the Entertainment industry.

Nell has designed and delivered advanced leadership development programs across Australia, Europe, the US and Middle East. Nell has coached hundreds of C-Suite Executives, Senior Leaders & Middle Management around the world with over 2000 hours of Executive Coaching to date.

Nell's practice is evidence-based shaped by a depth of leadership development theory/practice but also informed by her many years as a Senior Leader. Nell's style is engaging, curious, pragmatic, courageous and insightful. Nell helps individuals develop greater self-awareness, improve their leadership effectiveness whilst enhancing their professional and organisational outcomes. Nell is always focused on delivering tangible and meaningful outcomes and results with those she supports and is widely sought after around the world as a result.

Contact Nell Wilson

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